



## Spring Into Healthy Habits Youth Nutrition Series

**When:** March 13th, 14th & 15th

**Time:** 10:00 a.m.- 11:30 a.m.

**Where:** Prairie View A&M University Northwest Campus  
9449 Grant Road, Houston, TX 77070



Limited to 25 youth ages, 9-13. For registration information, contact Rebecca Scono at [Rebecca.Scono@ag.tamu.edu](mailto:Rebecca.Scono@ag.tamu.edu) or 713-274-0950.

### Fun Topics:

- \* MyPlate
- \* Healthy Snacks
- \* Physical Activity
- \* Food Safety

