

Come and Join us for
“Love your Heart Workshops”



When: ***Wed., February 28th ~ Heart Health***
Wed., March 7th ~ Blood Pressure

Time: ***11:00 a.m. – 12:00 p.m.***

Where: ***Target Hunger***
2814 Quitman St.
Houston, TX 77026

DOOR PRIZES

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- ♥ Shopping Tips
 - ♥ Spice Tips
 - ♥ Recipe Ideas
- & more...