

Learn, Grow, Eat & GO!

- Student, and Volunteer Engagement
- School gardens
- Physical activities
- Food tastings
- Recipe demonstrations
- Positive health outcomes
- Highly engaging activities
- Linked to grade level readiness and preparedness at current and future grade levels
- Supports college and career readiness

Learn, Grow, Eat & GO! Curriculum provides ten (10) concepts of instruction that emphasize Science, Math, Language Arts/Reading, Writing, Social Studies, Physical Education, Health, Horticulture, and Nutrition all with a solid correlation to the Texas Essential Knowledge and Skills (TEKS) standards.



- Total number of TEKS: 99
- Total number of TEKS eligible for STAAR testing: 36
- Total number of TEKS eligible for STAAR testing as Readiness Standards: 16
- Total number of TEKS eligible for STAAR testing as Supporting Standards: 20

For more information on the LEARN, GROW, EAT & GO! attend a training:

August 8, 2015 - Saturday- 9:30 a.m. - 2:30 p.m.

TX A&M AgriLife Extension Service- 3033 Bear Creek Drive, Houston, TX 77084

Cost: \$30.00 *Working Lunch Provided*

4 CBEC Hours Provided

Contact Person: Sheryl Nolen, CEA 4-H / JMG Specialist

snolen@tamu.edu or call 713-274-0978

Registration required: [\(to be posted on Event Bright\)](#)

What school personnel are saying about Learn, Grow, Eat & GO!

We know that obesity is more common now than ever, so when we saw how excited the students were when we built the garden we knew this project was going to have a major impact on our students and community... 3rd grade teachers

[This] is a perfect example of a wellness program that addresses a variety of interests and provides a lifelong wellness skillset...it is our hope that the students impacted by this program will continue to be wellness role models in the community. School District Wellness Personnel

“Grow! Eat! Go! helped plant a seed in our minds to implement fifty gardens in fifty of our schools.” School District Program Specialist for Health and Physical Education